



Take Exit 134 off I-24,
go right to Monteagle.
Turn left on Hwy. 41 south for three
miles. Visitors center is on the left.



Tennessee Department of Environment and
Conservation authorization no. 32752, 20,000
copies. This public document was promulgated
at a cost of \$.04 per copy, November 2005.

The Tennessee Department of Environment and Conservation is
committed to principles of equal opportunity, equal access and
affirmative action. Contact the Tennessee Department of
Environment and Conservation EEO/AA coordinator at (888) 867-
2757 or the ADA Coordinator at (615) 552-0059 for further informa-
tion. Hearing impaired callers may use the Tennessee Relay Service
at (800) 843-0298.

Hours of Operation:

7:00 a.m. until sunset. / Visitors' Center ~ 8:00 a.m. to 4:30 p.m. Central Time

For Further Information, Contact:

South Cumberland Recreation Area / Route 1 Box 2196 / Monteagle, TN 37356

Office (931) 924-2980 / Stone Door (931) 692-3887 / Savage Gulf (931) 779-3552

Or Contact:

Tennessee State Parks / 401 Church St., 7th Floor / Nashville, TN 37243

Phone (888) 867-2757 / www.tnstateparks.com

TENNESSEE STATE PARKS SOUTH CUMBERLAND STATE RECREATION AREA





South Cumberland Recreation Area

is comprised of 10 distinct units scattered over 100 square miles covering 16,000 acres in Franklin, Grundy, Marion, and Sequatchie counties. Hikers should expect to see spectacular rock formations, cascading streams, beautiful waterfalls, rocky gorges, panoramic overlooks and lush woodlands. The Stone Door area offers challenging rappelling and rock climbing. No rappelling at Foster Falls. Carter Caves introduces hikers to one mile of underground adventure. If you're into hiking and backpacking, South Cumberland is the place for you!

Cabins

Hobbs Cabin is the park's only cabin. An 8-mile hike in, it is primitive, with 6 cots, fireplace, and a counter area. A spring is located just outside. Cabin use is first-come, first-serve. There is a campground nearby.

Camping

There are 110 primitive tent campsites in 14 different campgrounds. A fire ring is located in each site, and an outhouse is located in each campground. You can backpack in from 100 yards to 15 miles. Most sites accommodate 5 people, but larger sites are available. Water is available from campground spigots, springs, and small streams. Boiling water and filtering are encouraged. Call ahead to check water conditions. All sites are free and first-come, first-serve. To ensure safety a camping permit located at the trailhead must be filled out.

Gift Shop

Books, T-shirts, photos, and postcards are available at the visitors' center.

Boating

Grundy Lakes does not have a launch ramp; however, smaller boats with paddles or trolling motors are welcome (no gas engines please).

Picnic Pavilions and Playgrounds

Pavilions are located at the visitors' center and at Grundy Forest. Pavilions can be reserved for the day up to one year in advance. We also have many other picnic tables, grills, and playgrounds scattered throughout the park at no charge. Tennis, volleyball, basketball courts, a baseball diamond and horseshoe pits can be found at the visitors' center.

Fishing

Fishing is allowed in five small lakes. Four small lakes at Grundy Lakes in Tracy City range from one to sixteen acres in size. Another one-acre lake is located on the Meadow Trail near the visitor center. No fishing is allowed in swimming areas or waterfall splash pools. A Tennessee Fishing License is required.

Hiking

The park has 90 miles of hiking trails ranging from easy to very rugged. Please register at the trailhead. All day hikers must be off trails by dark.

Museum

The visitors' center contains exhibits depicting local history and wildlife. Videos about the park are shown upon request.

Planned Programs

A variety of programs covering natural and cultural history are scheduled year-round. Hikes, slideshows, movies, cave tours, rock climbing & rappelling, and canoe floats as well as special programs are offered by request.

Swimming

Unsupervised swimming areas can be found at Grundy Lakes as well as any creek or splash pool located in the park.



Other Nearby State Parks

- Old Stone Fort State Archaeological Park, 33 miles

Annual Events

- Easter Egg Hunt, April
- Spring wildflower pilgrimage, April
- Fall color excursions, October